BLEEDING CONTROL INSTRUCTIONS

This instruction card is intended to provide guidance in an emergency situation. It is NOT a substitute for proper instruction, training, and practice.

1 GLOVES & SHEARS

For Personal Protection & Access



Use shears to remove enough clothing to expose wound area.

2 SOF TOURNIQUET

For Severe Bleeding

Consult detailed instructions included with tourniquet. Use only on arms and legs. Apply at least 2-3 inches above wound, not on a joint. Wrap around limb and pull strap tightly. Turn rod until bleeding stops. Secure rod and lock into place with triangle. Record application time on SOF tag with enclosed marker.



? CHEST SEAL

For Penetrating Wounds:
Neck to Navel, Front and Back



Clean around wound. Place directly over wound site. Press firmly. Check patient's back for an exit wound. Use 2nd seal over exit wound.

4 COMPRESSED GAUZE For Wound Packing

To staunch bleeding, use enough to fill wound space completely. Hold pressure for 3-4 minutes. Cover with compression wrap (included Emergency Trauma Dressing).

5 EMERGENCY TRAUMA DRESSING

For Wound Packing

Use over compressed gauze if wound requires packing. Place pad over wound site. Wrap snugly to apply pressure to wound.

Secure the clip.

6 EMERGENCY BLANKET

Wrap patient when all life-threatening

For Hypothermia Prevention

wounds have been treated.

CRITICAL: Keep patient warm
to prevent shock. Consider
distance to casualty
collection point.

